

Caregiver Connection

ANGEL COMPANIONS

February 2026



We've moved fully into February, and the year is already underway. You may have already reached milestones you are proud of, or you may just be getting started. This issue looks back at your accomplishments from 2025 while we continue moving forward together. Your care and commitment matter, and we are grateful for you. Will you be our Valentine?



♥ Caregiver Spotlight

Julanda J.

We want to recognize Julanda for going above and beyond during the recent ice storm. When weather conditions made travel difficult, she stayed overnight with clients from Friday through Monday to ensure families had proper coverage and peace of mind. Her commitment helped keep clients safe, supported, and consistently cared for during challenging circumstances. We are grateful for her dedication and willingness to step up when it mattered most.

UPDATED SAFETY POLICY

Our new Driver Safety Policy went into effect on February 9. **Even if you do not drive clients**, you have received an email requesting a signature. Even if you do not drive clients, it is important that you review and sign the policy so we can ensure consistency and safety across the team.

If you DO drive for a client, please also send a copy of your current insurance declarations page to documents@angelcompanions.us.

Thank you for helping us maintain safe and responsible practices for both our clients and our team.



♥ Black History Month: Honoring Pioneers in Care and Health

In recognition of Black History Month, we are honoring Black pioneers whose work helped shape care, medicine, and dignity for older adults. Their contributions continue to influence how seniors are supported today.

This month, we will be highlighting **Dr. Patricia Bath**, whose invention of laser cataract surgery helped restore vision and independence for countless older adults, **Dr. Solomon Carter Fuller**, a pioneering physician who worked alongside Dr. Alois Alzheimer and helped lay the foundation for modern understanding of Alzheimer's disease, and **Harriet Tubman**, who later in life opened a home to care for formerly enslaved and aging Black individuals.

We will also share the stories of **Eliza Bryant**, who founded one of the first homes for elderly African Americans, and **Dr. Jacquelyne Jackson**, a national leader in gerontology and advocacy for aging with dignity and equity.

We will be sharing more about these individuals and their lasting impact throughout the month on social media. Follow along to learn more about how their work continues to shape care today!

Dr. Solomon Carter Fuller



We begin our Black History Month features by honoring Dr. Solomon Carter Fuller (1872–1953), a physician and researcher whose work helped shape early understanding of Alzheimer's disease and age-related cognitive decline.

Dr. Fuller earned his medical degree in 1897, a time when very few Black physicians were able to access advanced medical training. In 1904, he traveled to Germany to study neuropathology and worked directly alongside Dr. Alois Alzheimer. During this period, Dr. Fuller examined brain tissue, conducted clinical observations, and contributed to some of the earliest documented research on what we now know as Alzheimer's disease.

In 1912, Dr. Fuller translated Alzheimer's original research into English, making this work accessible to physicians and researchers in the United States. He also published his own findings, expanding early understanding of dementia at a time when cognitive decline in older adults was often misunderstood or dismissed.

Dr. Fuller later served as a professor of psychiatry at Boston University School of Medicine, where he taught and practiced during the early twentieth century. His work helped establish dementia as a medical condition deserving study, care, and compassion rather than stigma.

For caregivers today, Dr. Fuller's legacy remains deeply relevant. The patience, observation, and respect required when supporting someone with memory loss are rooted in the understanding he helped build more than a century ago. His contributions remind us that informed, dignified care has long been essential to supporting older adults.



Office Gossip

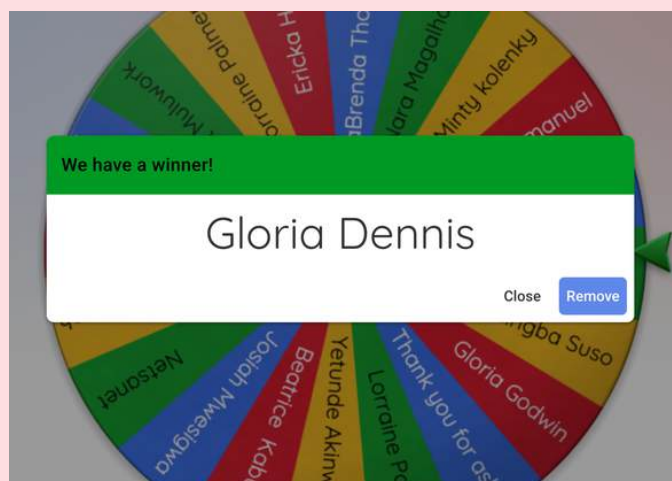
Becky Carlin joined the team as a new case manager on January 5. She is a proud mom of two adult sons, both of whom she homeschooled, and brings a thoughtful, hands-on approach to her work. When she is not working, Becky stays busy with her two dogs, Satchel and Sophie, who keep her on her toes. We are happy to welcome Becky to the team and look forward to working with her!

Caregiver Voices

Congrats to **Gloria** for winning last month's raffle! Let's keep it going!

Last month we asked you about your biggest accomplishments in 2025, and there are so many things to celebrate!

You shared personal milestones, quiet wins, and moments that reflect the heart behind your work.



Gloria D.: “My biggest accomplishment is that I enjoy helping people who cannot help themselves, by doing so I know that I’m serving God.”

Minty K.: “[Client] goes to the bathroom by herself.”

Ericka H.: “My biggest accomplishment was holding on in the face of adversity and never quitting.”

Gloria G.: “I provided consistent, compassionate care that built trust and improved my client’s quality of life.”

Keyalonda F.: “Paying off debt and letting go of toxic relationships.”

Beatrice K.: “Seeing my client recover and regain strength after surgery.”

LaBrenda T.: “My biggest accomplishment in 2025 was receiving the Betty Buckley Award from Angel Companions in October!”

Jeancilia J.: “My biggest accomplishment of 2025 is getting closer to God getting baptized.”

Yeti O.: “By showing genuine care and understanding, I was able to encourage one of my clients that did not like eating to become a good eater.”

Chinwe E.: “My own house.”

So many of you shared accomplishments that deserve recognition, far more than we could fit in this space. We are incredibly proud of you and wish you continued strength, joy, and success in 2026.

Share Your Story

Enter to Win a \$10 via Zelle!

This month, tell us...

What unique family or cultural traditions influence how you care for others?

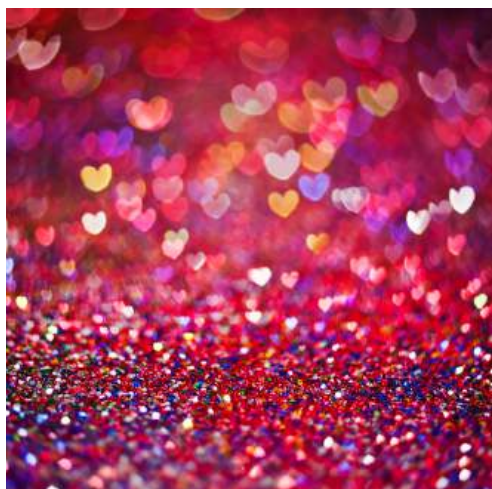
Deadline: February 28

[Click here to answer!](https://forms.gle/5RMEpjYL6iceqL6VA)

<https://forms.gle/5RMEpjYL6iceqL6VA>



LET'S CELEBRATE!



Angelversaries

Jane K. | 15 Years
Nyalingba S. | 12 Years
Susan A. | 5 Years
Brittany M. | 2 Years
Nara M. | 2 Years



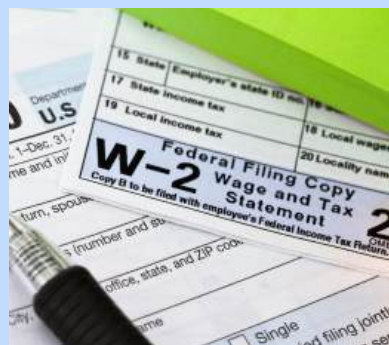
Birthdays

2/2 - Nmasinachi A.
2/3 - Kate A.
2/7 - Andra J.
2/8 - Victoria J.
2/8 - Minty K.
2/12 - Mary A.
2/12 - Obi O.
2/14 - Valentina S.
2/17 - Reba B.
2/20 - Nikki R.
2/21 - Susan A.
2/27 - Chanel G.
2/29 - Emmanuel A.

Caregiver Tip: Tax Time

W-2 forms have been mailed. If you have not yet received your W-2, please contact the office so we can help resolve the issue quickly. Timely access to your tax documents is important for filing and planning.

Call **770-579-5000** for assistance.





Mileage Reimbursement Update

Effective January 5, the mileage reimbursement rate has increased to **\$0.725 per mile**. This updated rate reflects current mileage guidelines and applies to all eligible mileage going forward. If you have questions about how or when to submit mileage, the office team is happy to help.



Support for the Season You're In



Access Code:

ANGEL

Even as we look ahead to spring, February often reminds us that winter is not quite finished. The WeConnect program can help you focus on small moments of care and support that make this season feel more manageable. It is available right from your phone, whenever you need it.

Get started:

- Scan the QR code in this newsletter
- Download the free WeConnect app

Get started:

- Scan the QR code or if you are already on your phone, just tap the code!

 **Follow Angel Companions for Tips, Stories & Updates!**



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Pinterest: <https://www.pinterest.com/angelcompanions/>

Quote of the Month

"The closest thing to being cared for is to care for someone else"
- Carson McCullers

Thank you for reading!