

Caregiver Connection

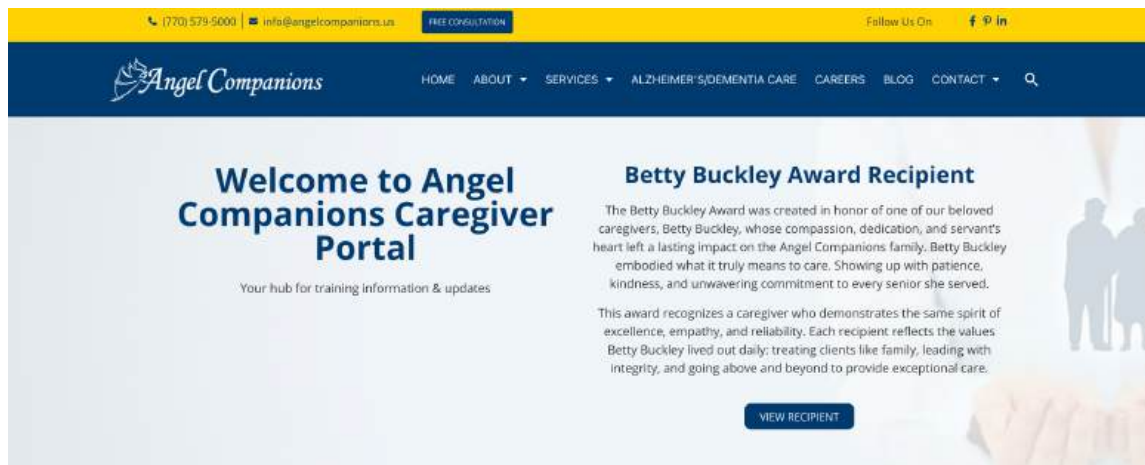
ANGEL COMPANIONS

 April 2026
 


April Is Here! Catching Up with Angel Companions

Spring has arrived, and with it comes fresh energy, longer days, and plenty of reasons to celebrate. April is a great time to reset, reconnect, and take stock of what is going well. This issue brings a new resource for you, some laughs from our caregiving community, practical tips for the season, and a well-deserved spotlight on one of our own.

Office Gossip: The Caregiver Portal has Launched!



We have exciting news. The Angel Companions Caregiver Portal just launched! The portal is your hub for training information and updates, all in one place. Here is what you will find when you log in:

- Training Center
- "How To" Video Library
- Employee Resources
- News and Updates, including past Caregiver Connection newsletters

Two ways to access it:

1. Visit angelcompanions.us/caregiver-portal/ and enter password **Angel101**.
2. Or go to our website, navigate to the [Careers](#) page, and click the button at the bottom of the page.

Bookmark it. You will want to check back regularly as we add new resources.

Caregiver Spotlight: Betty Buckley Award, Q1 2026

Congratulations to Hilda M.!



We are proud to recognize **Hilda M.** as the **Q1 2026 Betty Buckley Award** recipient.

This award honors the memory of Betty Buckley, an extraordinary caregiver at Angel Companions whom we lost too soon. Angel Companions created this award in her name to recognize caregivers who go above and beyond with compassion, reliability, and heart.

Since joining Angel Companions in October 2022, Hilda has earned a reputation among our case managers as a true superstar. She steps in at a moment's notice, shows up with a positive attitude every time, and brings warmth to the families she serves and the office staff alike.

Hilda has completed over 225 shifts with one family alone. The appreciation that family has expressed speaks directly to the quality of care she brings every single day. She works without complaint, with a level of dedication that led one team member to say she would clone her 100 times if she could.

Hilda, thank you for your reliability, your positivity, and your unwavering commitment to those in your care. You truly embody the spirit of this award.

Watch her receive her award on our [Instagram](#) or [Facebook](#)!

Caregiver Voices

Congrats to **Rasheda B.** for winning last month's raffle!

Last month we asked: What is the funniest thing a client has ever said to you?

You delivered. Here are a few of our favorites:

Rasheda B. shared that her client asked if she knew about "sexercise," then when Rasheda asked what it was, her client started laughing and said "oh, you know".

Cordis O. told us her client called her his "PIA" (pain in his a**) every time she came to help change him. She fired back by calling him "PIN" (pain in the neck). They laughed it out, and now their new nicknames actually makes the routine easier.

One caregiver shared that a client once asked where their glasses were, and thankfully they weren't too hard to find. "Your glasses are on your face."

And **Norah O.** shared something that stayed with us: a client once told her she was too young and beautiful to be wearing a wig. What the client did not know was that Norah had lost her hair during her cancer journey. It was funny and tender at the same time, and a reminder that there is always more to a person's story than what we see.

Thank you to everyone who shared. These moments remind us that laughter is part of the care too.



Share Your Story

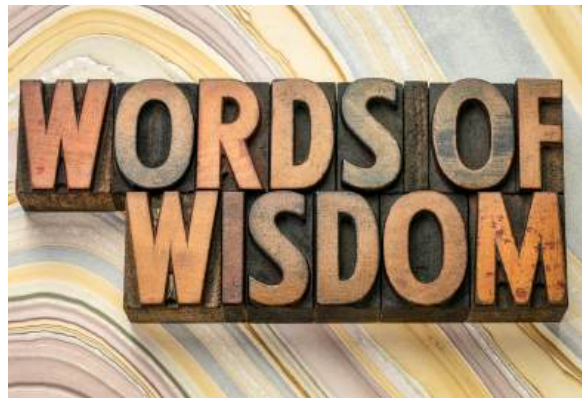
Enter to Win a \$10 via Zelle!

This month, tell us...

What is the best lesson your mother ever taught you?

Deadline: April 30

<https://forms.gle/7k5PE3aEGNKi9nN36>



Caregiver Tip: W-2 Reminder

If you have not yet picked up or accessed your W-2, please do so as soon as possible.

Tax filing deadlines apply, and we want to make sure you have everything you need.

Reach out to the office if you have any questions or need assistance.



LET'S CELEBRATE!



Angelversaries

Faith N. | 16 Years
Michelle A. | 12 Years
Beatrice K. | 7 Years
Bevy O. | 7 Years
Jeancilia J. | 7 Years
Reba B. | 2 Years
Marticia D. | 1 Year



Birthdays

4/3 - Marie Betty S.
4/3 - Gloria D.
4/3 - Magdaline N.
4/8 - Oghosa E.
4/10 - Florence W.
4/11 - Marie S.
4/12 - Karen K.
4/13 - Japonica W.
4/15 - Hilda M.
4/18 - Rasheda W.
4/27 - Angela T.
4/27 - Linda O.
4/27 - Lauri C.
4/29 - Naomi O.
4/29 - Nunu G.



Caregiver Tip: Five Ways to Embrace Spring

A new season is a good prompt to reset. Here are five simple ways to welcome spring:

1. **Replace your air filter.** Pollen season is here. A fresh filter helps keep the air clean, especially if you or your clients have allergies.
2. **Clean out the fridge and pantry.** Toss what has expired and make room for lighter, seasonal foods.
3. **Go outside.** Even 10 minutes of fresh air and sunlight can shift your mood. Take your client outside when weather and mobility allow.
4. **Plant something.** A small herb, a flower, anything. Watching something grow is good for the spirit.
5. **Burp the house.** Open the windows, let the stale air out, and let the fresh air in. Your home (and your client's home) will thank you.



WeConnect



Access Code:

ANGEL

Caregiving is rewarding, and it can also be exhausting. WeConnect is a free, completely anonymous support tool built for people like you. Through the app, you get access to one-on-one support from trained peers who understand caregiving firsthand, online wellness groups for connection and encouragement, and tools to help you manage stress and work toward your personal goals. It is available any time, any place, right from your phone.

Get started:

- Scan the QR code in this newsletter
- Download the free WeConnect app
- Enter access code ANGEL



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Quote of the Month

"No matter how long the winter, spring is sure to follow."
- Guinean Proverb

Thank you for reading!